

Supervised exercise therapy for intermittent claudication : subgroups, gait and physical activity

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Stellingen behorend bij het proefschrift:

Supervised Exercise Therapy for Intermittent Claudication subgroups, gait and physical activity

1. Gesuperviseerde looptherapie is een veilige behandeling voor patiënten met claudicatio intermittens. *Dit proefschrift*
2. Patiënten met claudicatio intermittens lopen langzamer omdat ze tijdens het lopen langer stilstaan. *Dit proefschrift*
3. Gezien de sterke relatie tussen mortaliteit en fysieke activiteit, zou (registratie van) fysieke activiteit een prominentere rol moeten krijgen in zowel het wetenschappelijk onderzoek als de behandeling van claudicatio intermittens. *Dit proefschrift*
4. Fysieke capaciteit is niet hetzelfde als fysieke activiteit. *Dit proefschrift*
5. Financiering van gesuperviseerde looptherapie vanuit het basispakket is essentieel om alle patiënten met claudicatio intermittens volgens het stepped-care model te kunnen behandelen. *Dit proefschrift*
6. De claudicatiotherapeut is een gespecialiseerde fysiotherapeut én leefstijlcoach die zich, naast problemen van het bewegingsapparaat, richt op leefstijlfactoren als stoppen met roken, meer bewegen en een gezonder voedingspatroon. *Dit proefschrift*
7. Medicine is the only profession that labours incessantly to destroy the reason for its own existence. *James Bryce, Engels diplomaat, jurist en historicus (1839 - 1922)*
8. If we knew what it was we were doing, it would not be called research. *Albert Einstein, natuurkundige (1879 - 1955)*
9. Walking is man's best medicine. *Hippocrates, Griekse arts (460 BC - 377 BC)*
10. In order to feel alive, we have to accomplish things that we once believed we could not. *Dominique Moceanu, Amerikaanse turnster en Olympisch gouden medaille winnares (Atlanta 1996)*
11. Kostbaar is de wijsheid die door ervaring wordt verkregen. *Roger Ascham, schrijver (1515 - 1568)*